

What Is Pornography Addiction?

Guest Speaker: Donald L. Hilton Jr., MD

Friday May 15, 2009 8:00 p.m. to 9:30pm

**Dinosaur Museum Amber Room
Thanksgiving Point Lehi, Utah**

***There is no charge to attend this event
Church leaders and counselors are encouraged to attend***

Dr. Hilton addresses the topic of pornography addiction and provides important information to all who are seeking to know more about pornography addiction and its impact on individuals, families and society. He addresses components of the problem including information on research about how exposure to pornography negatively affects the brain. He explores the hope for recovery and the healing process.

ABOUT THE SPEAKER

Donald L. Hilton Jr. is the author of “He Restoreth My Soul”, one of the most informative and helpful books written to date on the subject of sexual/pornography addiction. This is a must read book by all who have been afflicted by pornography, which is clearly the “plague of this generation”. The book will be available May 2009.

Donald L. Hilton, Jr. has practiced medicine for fourteen years in San Antonio, Texas, specializing in neurological surgery. Dr. Hilton graduated from Lamar University with highest honors, and from medical school at the University of Texas Medical School at Galveston with honors, where he was elected to the Alpha Omega Alpha National Medical Honor Society. He completed his neurosurgical training at the University of Tennessee at Memphis in 1994, is board certified by the American Board of Neurological Surgeons, and is a diplomat of the American College of Surgeons. He has been named to *Best Doctors in America*.

A pioneer in the field of minimally invasive spinal surgery, he has published book chapters and journal articles with original contributions in this field, and lectures nationally and internationally. He teaches courses on this topic at the American Association of Neurological Surgeons and at the Congress of Neurological Surgeons, and is currently a Clinical Associate Professor of Neurosurgery at the University of Texas Medical School at San Antonio.

Brother Hilton and his wife, Jana, currently serve as LDS Family Services program coordinators in San Antonio for those who struggle with pornography and sexual addiction, as well as their spouses. He and his wife are the parents of five children and have two grandchildren.

For more information visit www.SALifeline.org